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You Can't Talk to Me That Way

Arthur H. Bell Ph.D

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Arthur H. Bell Ph.D : You Can't Talk to Me That Way before purchasing it in order to gage whether or not it would be worth my time, and all praised You Can't Talk to Me That Way:

0 of 0 people found the following review helpful. Toxic language in the workplaceBy W. RepkeThis book is very good. It was so helpful to help me see my situation at work was indeed verbal abuse. It also gives lots of ways to deal with a really negative work environment and bully boss. I am now stronger and well prepared if another attack comes. The bummer is that unfortunately being a jerk is not against the law. But this book is well worth reading!4 of 4 people

found the following review helpful. Tries hard, but falls short at the endBy Michael ErismanThis book examines the issue of how the workplace can often be a place where language and treatment of employees can sometimes reach levels of "abuse" and certainly can be toxic and harmful to the people who work there. The first sections of the book are interesting, as the psychological aspects of workplace behaviors are identified and the effects categorized. The analysis is fairly accurate in my experience in corporate America. While rare, the incidents are indeed a reality at times unfortunately. However, the end of the book outlines what a person can do if they are placed in this situation. While the intentions of these guidelines are certainly admirable, many will backfire if implemented. It appears that the author is well versed in communication and psychology, but does not understand the way a company operates. The net of this book is that it does a good job of identifying both the effects and practices of behavior which does in fact feel toxic to many employees, but the book falls short when trying to define solutions. I suggest a different kind of book "Leadership and Self Deception" for a better understanding of the solutions of toxic behavior - which happens and is solved one person, one interaction at a time.0 of 0 people found the following review helpful. Best Book on the Subject of Verbal AbuseBy Prof. Barbara R. I'm a woman PhD who teaches gender theory at a major university. Let me assure you that "Conservative in Rochester" is entirely off-base in that one-star review, or perhaps the person did not read this book with care. The book recognizes that women are often the targets of male verbal abuse and shows strong, strategic, and practical ways in which victims (whether male or female) can fight back without quitting their jobs on the spot. I especially liked the "Twenty Strategies" and the author's clear acknowledgment that one size doesn't fit all when it comes to dealing with the complexities of verbal abuse in the workplace. From start to finish this book is thoroughly pro-women and, more importantly, pro-employees in the ongoing struggle to get abusive bosses to shape up.

You Can't Talk to Me That Way! Stopping Toxic Language in the Workplace stands up to verbally abusive bosses, co-workers, and others and says, "Enough!" It shows readers exactly what to say and do to end the humiliation and torment. Real injury-deep wounds and lasting pain-occurs as a result of verbal insults, putdowns, and ridicule in the workplace. This book is for anyone who has become discouraged, withdrawn and isolated at work due to verbal attacks-or, just as often, has been provoked into shouting matches and verbal confrontations with his or her attacker. Toxic language in the workplace causes people to withhold their best effort, transfer to a different division, or quit outright. Productivity and team spirit wither under a cloud of language meant to humiliate, hurt, and demean. To all those who spew such language at their co-workers, subordinates, and bosses, this book insists "You Can't Talk to Me That Way!" **You Can't Talk to Me That Way! Stopping Toxic Language in the Workplace:** * Presents a set of personal strategies for ending verbal assault and recovering from its effects. * Investigates the motives and methods of verbal attackers: who they are, how they operate, and why they torture others by verbal assaults, * Examines the psychology and circumstances of those targeted for verbal assault. * Suggests specific, practical steps companies can take to become aware of destructive environments and act quickly and legally to combat them * Makes readers aware of their legal options if toxic language at work is damaging their reputations, career progress, and/or physical or psychological well-being. * Offers a vision of the compatible, decent workplace where employees can do their best work without fear of demeaning verbal assaults from work associates at any level.