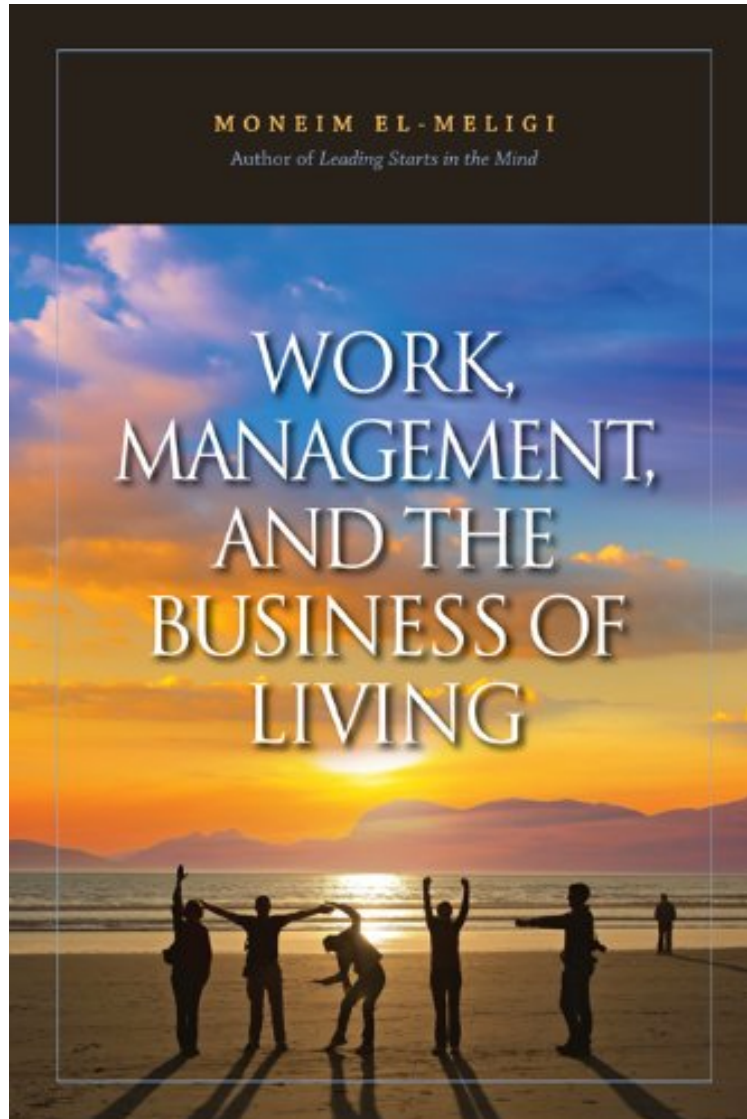


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Work, Management, and the Business of Living

Moneim El-Meligi

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Moneim El-Meligi : Work, Management, and the Business of Living before purchasing it in order to gage whether or not it would be worth my time, and all praised Work, Management, and the Business of Living:

In the modern economic paradigm characterized by a multitude of business management theories aimed at maximizing profits, there is a danger of formalizing management techniques to the extent of dehumanizing individuals or reducing them to humanoids. This book deals with familiar concepts in the management literature, but always in light of the model of the human person. It sheds light on organizing processes in individuals, small groups, and organizations and

other large social systems by covering empirical research on three central topics — modes of influence, intrapersonal communication, and change — through which the social context is constantly shifting. Concepts from other fields are also introduced by the author into the field of management, such as philosophy, biology, sociology, semantics, and mythology, to name a few. As a protest against behaviorism, materialism, objectivism, determinism, elitism, and many other “-ism” that degrade the human person, this book provides food for thought to students of management and organizational behavior, psychologists and sociologists, as well as political scientists and leaders of business and nonbusiness institutions.

Contents: History of Ideas: You Cannot Not Manage First Encounter with Managers Psychologist in Business School! From Academia to Wall Street Singapore Adopts the Seminar Learning is a Two-Way Process The Human Person: Don't Think, Just Look! Model Parameters Synthesis Practical Implications Membership and Role Acquisition: A State of Belonging Membership: A Historical Process Role Acquisition Leading and Managing: Leader/Manager Controversy Review of Case Studies Leadership, Fellowship and Follower-Ship Central Thesis: Mechanisms of Influence A Journey with a Donkey Social Structures: The Human Person as a Universe Dyadic Structures Triadic Structures Small Groups Work, Play and Leisure: Semantic Introduction Work versus Labor Play Leisure Aristotle's View Energy Management Final Conclusion Philosophical Foundations in Quotes: References Appendix Index Readership: Managers, psychologists, political scientists, sociologists, graduate students and researchers in social science.

"The author's main concern in this book is the proper exercise of leadership. His point of departure is that leadership as a human enterprise has to be consistent with the nature of the human person. After all, we share the same human intelligence, passion, and creative potential irrespective of our level in the authority hierarchy. El-Meligi's notion of leadership is based on deep understanding of the essential qualities that make us human. He reminds those in leadership position that the people they lead are as human as they are. They share the same qualities of intelligence, passion, and creative potential. To my knowledge, rarely do books on leadership stop even briefly to deal with these essential notions. This book enriches the field by a vision already outlined by the author in his earlier book - *Leading Starts in the Mind*. Here is another brilliant contribution from the author." --Father Guy Bonneau, L. PS. M.Ed. Psychologist, Quebec, Canada

"Moneim El-Meligi provides a refreshing refrain from the tedium of 'old wine in new bottles' that characterizes much of today's writing on leadership and management. Indeed, the wisdom, clarity and practicality of El Meligi's thinking and writing stands as a beacon of substantial light against the fogginess of self-help literature inundating the managers looking for guidance on improving effectiveness; This book is a must read for all practitioners of management. Nowhere is this more evident than in El-Meligi's teaching on the vital importance of energy management. 'The business of living is nothing other than management of energy in these spheres of existence', i.e., work, play and leisure. El Meligi offers a meaningful antidote to the confining paradigm of 'work/life balance' bromides that we hear so much about, yet which offer sparse help in sustaining life's energy. I enthusiastically recommend this book to clients and others who are committed to the on-going challenge of living a meaningful and energy-sustaining life each day." --Robert M Marino, President, Alpha Nouveau Consulting, Inc.

"A fascinating book in which we witness a man coming face to face with opportunities which fate has placed in his way, he uses these opportunities as occasions to construct his life, in line with a theory that is integral part of his life ... Not the least significant lesson we learn from this book is seeing how a task is transformed to suit the audience to whom it is addressed: we do not develop managers among peoples who are in the process of developing nationally the same way we teach those who belong to well-established nations ... The entire book is written with the fervor and clarity typical of Moneim. It captures the attention of the reader from the beginning to the end. This book is essential not only for those who are interested in human relations of our time but all human relations of all times." Moustapha Safouan, Training member of the "Psychoanalytic Society of Paris" and Author of "Pleasure and Being" and "Speech or Death"

"Professor Moneim El-Meligi's latest book is a compendium of a life's work on what I would term 'the anthropology of management'. In his own humble style, he introduces ideas and concepts that go to the core of management, namely people. He places people at the centre of his universe, bringing together his early ideas of psychology and management, and later expanding on his multi-cultural experiences in many parts of the world. His insights are sharp, clear and universal, expressed in language that makes easy reading and understanding. This is a book that many will value as a reference on how people can best contribute to organisations, and vice versa." --Dr N Varaprasad, Director, London School of Business and Finance, Singapore and former CEO, National Library Board, Singapore

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About the Author Dr Moneim El-Meligi received his earlier education in Egypt; he obtained his undergraduate degree in Philosophy from Alexandria University, a Diploma of Education from Ain-Shams University and an MA in Psychology from Cairo University. He pursued his graduate education in UK where he obtained his PhD in 1954 from the Institute of Psychiatry of London University. From 1955-1961, he taught at both Ain-Shams and Cairo Universities. He was a founding member of the Egyptian Association of Psychological Studies and participated in drafting the Egyptian national legislation governing the practice of psychotherapy. In 1961, he was Visiting Professor at the State University of New York at New Paltz. From there, he joined the New Jersey Neuro-Psychiatric Institute at Princeton to further his research in the diagnosis and treatment of mental illness. In 1965, the Rutgers Graduate School of Management invited Dr El-Meligi to participate in seminars to train executives from major American corporations. The enthusiasm his presentations received led to a position as Professor of Organization Management at Rutgers University, which he held from 1972-1983. While at Rutgers he embarked on his consultancy career with J.P. Morgan, developing the widely acclaimed Organization Management Seminars, now known around the world as OM I and OM II. Dr El-Meligi is affiliated with the American Psychological Association, the World Federation of Mental Health and the International Society of General Semantics. He is also a Founding Fellow of the Academy of Orthomolecular Medicine. His publications include several books (in English, Arabic and French) and over 100 articles and case studies. In addition, some of his psychological tests have been translated into French, Spanish, Italian, and Portuguese. For the last thirty years, Professor El-Meligi has been a consultant for various organizations and government entities. Universities in the US, Canada, Germany, and Malaysia have invited him as a frequent guest lecturer. His teaching and consultancy work extends to Europe and Southeast Asia.