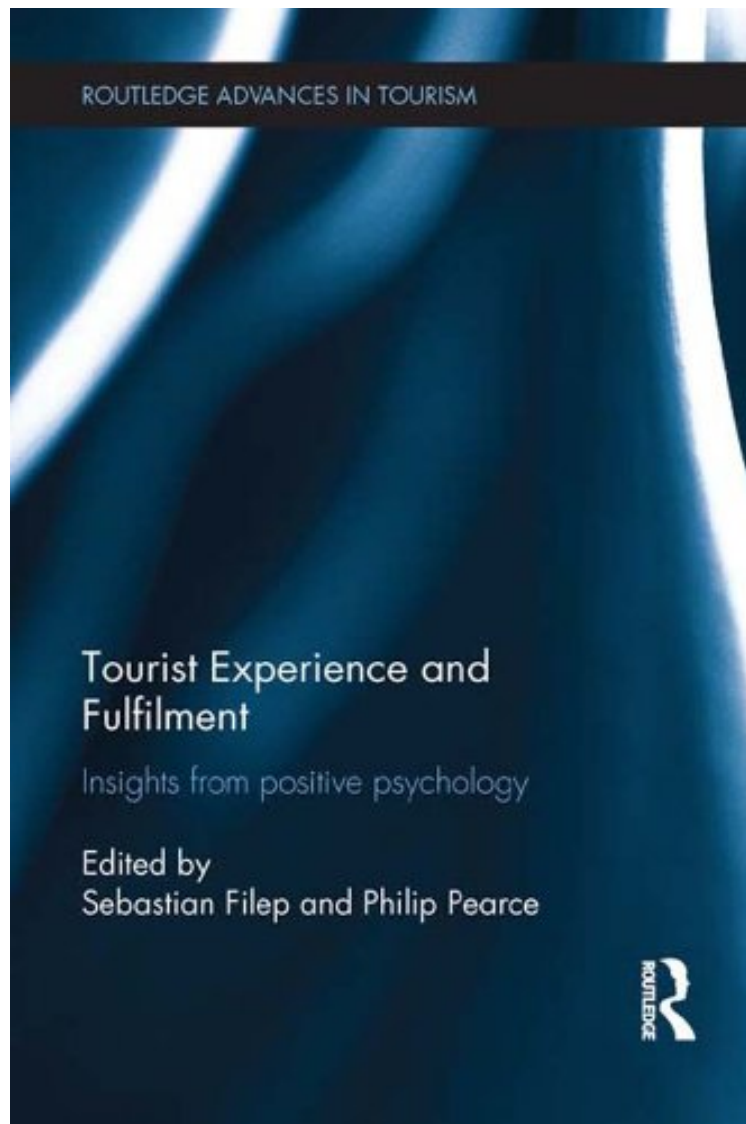


[Read download] Tourist Experience and Fulfilment: Insights from Positive Psychology (Advances in Tourism)

Tourist Experience and Fulfilment: Insights from Positive Psychology (Advances in Tourism)

From Routledge

*DOC | *audiobook | ebooks | Download PDF | ePub*



[Download](#)

[Read Online](#)

#2767261 in eBooks 2013-07-31 2013-07-31 File Name: B00EALK8CK | File size: 63.Mb

From Routledge : Tourist Experience and Fulfilment: Insights from Positive Psychology (Advances in Tourism) before purchasing it in order to gage whether or not it would be worth my time, and all praised Tourist Experience and Fulfilment: Insights from Positive Psychology (Advances in Tourism):

What makes life worth living? Many people would argue that it is fulfilling experiences. These experiences are characterised by feelings of joy and pleasure, positive relationships and a sense of engagement, meaning and achievement. Tourism is arguably one of the largest self-initiated commercial interventions to promote well being and happiness on the global scale but yet there is absence in the literature on the topic of fulfilling tourist experiences from psychological perspectives. Drawing on insights and theories from the research field of positive psychology (the study of well being), this is the first edited book to evaluate tourist experiences from positive psychology perspectives. The volume addresses the important topic of fulfilment through the lens of the world's largest social global phenomenon tourism. In doing so, the book refreshes and challenges some aspects of tourist behaviour research. The chapters are grouped under three broad sections which reflect a range of positive psychological outcomes that personal holiday experiences can produce, namely; happiness and humour; meaning and self-actualisation and health and restoration. The book critically explores these fulfilling experiences from interdisciplinary perspectives and includes research studies from wide range of geographical regions. By analysing the contemporary fulfilling tourist experiences the book will provide further understanding of tourist behaviour and experience. Written by leading academics this significant volume will appeal to those interested in Tourism and Positive Psychology.

"Overall, this is an easy-to-read book that provides a rich set of both theoretical background and empirical evidence of the multidimensional concept of tourist experience. The book adopts a positive psychological approach to explore the concept and provides findings from numerous types and forms of tourists and tourist activities to support its arguments. In this vein, books exploring tourism experiences from a 'negative' or other approach nicely complement this book, e.g. books on dark tourism and/or adventure tourism. The book constitutes a very useful reading for researchers-academics, students, professionals and policy makers involved and interested in creating and managing tourist experiences." — Marianna Sigala, University of the Aegean, published in *Tourism Management*

About the Author Sebastian Filep, PhD, is Honorary Research Fellow, Victoria University, Australia and Lecturer at the Department of Tourism, University of Otago, New Zealand. Dr Filep is a co-author of *Tourists, Tourism and the Good Life* (Routledge, 2011) and a co-author of *Vacation Rules*, a popular market e-book. Philip Pearce, PhD, is Foundation Professor of Tourism at James Cook University, Australia. He has published a number of books in tourism including two sole author works on tourist behaviour in 2005 and 2011.