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Refire! Don't Retire: Make the Rest of Your Life the Best of Your Life

Ken Blanchard, Morton Shaevitz
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Ken Blanchard, Morton Shaevitz : Refire! Don't Retire: Make the Rest of Your Life the Best of Your Life
before purchasing it in order to gauge whether or not it would be worth my time, and all praised Refire! Don't Retire: Make the Rest of Your Life the Best of Your Life:

7 of 7 people found the following review helpful. Good as far as it goes...By drbrrOver the years I've read numerous books in this category. This is so much like a number of others. It has some really good information, and can be a help

for someone in a situation like this couple. But like so many other books of this genre, it does not speak to Joe Six-Pack. Most people don't run not-for-profits, or have their own business that allows them the luxury of determining how much they want to work. Unfortunately, many of this demographic are struggling to figure out if they'll have to say, "Welcome to Wal-Mart." Sooner or later somebody needs to write for the vast sea of Boomers and Beyond who have much more limited options.³ of 3 people found the following review helpful. Exercise and eat better. Take courses or do new things to expand ...By JKH from TallahasseeI was really excited to get this book and thought it would provide true insight into this subject. It is okay, but nothing overwhelming or truly new. Basically tells of a fictitious couple who wants to change their life. In a nut shell, it tells you to change your thinking to be more spontaneous and get involved in things you would not normally do. Exercise and eat better. Take courses or do new things to expand your life. And focus on improving your spiritual awareness. That's about it. Hence the concept of the book: Refire emotionally, physically, intellectually, and spiritually. It is a very light, but ultimately boring read to tell you this.¹ of 1 people found the following review helpful. Good for a gentle nudge in a new direction ...By CustomerThis book is for those that find themselves in a rut and are stuck for ideas on how to make a change. Mostly, how to put a little more zest into their life, as they face the transition from full-time work to "retirement". It's fine if you just need a gentle nudge to get you moving in a different direction. But if you need a more structured process, and some aids to introspection, this won't help you very much. The made-up example scenarios and dialog were also a little hokey for me - but they do serve to get the point across. So, no tough questions in this book. Just some suggestions on how to be more creative. If you want a structured process, or you need to make a radical change, try "Life by Design" (by Tom Ferry). That will prompt you to really think about what you want to do, and why - and then will teach you how to get there.

Refire! Don't Retire asks readers the all-important question: as you look at the years ahead, what can you do to make them satisfying and meaningful? Ken Blanchard and Morton Shaevitz point out that some people see their later years as a time to endure rather than as an exciting opportunity. Both research and common sense confirm that people who embrace these years with energy and gusto—rather than withdrawing and waiting for things to happen—consistently make the rest of their lives the best of their lives. In the trademark Ken Blanchard style, the authors tell the compelling story of Larry and Janice Sparks, who discover how to see each day as an opportunity to enhance their relationships, stimulate their minds, revitalize their bodies, and grow spiritually. As they learn to be open to new experiences, Larry and Janice rekindle passion in every area of their lives. Readers will find humor, practical information, and profound wisdom in Refire! Don't Retire. Best of all, they will be inspired to make all the years ahead truly worth living.

"Both founders of their own companies, coauthors of Refire! Don't Retire, Blanchard and Shaevitz encourage readers to make the rest of their lives healthy, joyful, and meaningful, and to use humor, stories, and self-reflection tools as part of that process...Refire! serves as a pep talk."—Library Journal Booksmack! "Once in a while a book comes along that should be featured on every talk show. Refire! Don't Retire is just such a book. Read it and you will experience aging in a whole new way. A must-read for anyone who plans on getting old."—Richard Leider, bestselling author or coauthor of The Power of Purpose, Repacking Your Bags, and Life Reimagined "If you answer only one-third of the questions at the end of each major section, this book will be worth its weight in gold! It is not only for those considering retirement but also for anyone interested in the pursuit of love, learning, and longevity."—Beverly Kaye, founder of Career Systems International and coauthor of Love 'Em or Lose 'Em; Love It, Don't Leave It; and Help Them Grow or Watch Them Gold "Refire! Don't Retire is an enlightening and powerful read. It really hit home with me. When you've coached basketball for more than thirty years, as I have, you start to think about and wonder what's next in life. This book is a great plan for that moment."—John Calipari, Head Men's Basketball Coach, University of Kentucky, and three-time winner of National Coach of the Year "Refire! is the new battle cry for a generation about to 'retire.' That is the language of the past. This current generation closes one door as another one opens—ready to refire as leaders of the future."—Frances R. Hesselbein, president and CEO, The Frances Hesselbein Leadership Institute "What Blanchard and Shaevitz have really done is change our whole perspective on time. Instead of an older person feeling like a 'has-been,' each is encouraged to become a 'will be.' We are not our past—we are the possibilities of adventures in our future."—Natasha Josefowitz, author of Too Wise to Want to Be Young Again and Been There, Done That, Doing It Better About the Author Ken Blanchard is the founder and chief spiritual officer of the Ken Blanchard Companies. One of the world's most prominent authors, speakers, and consultants, he is the author or coauthor of more than sixty books.