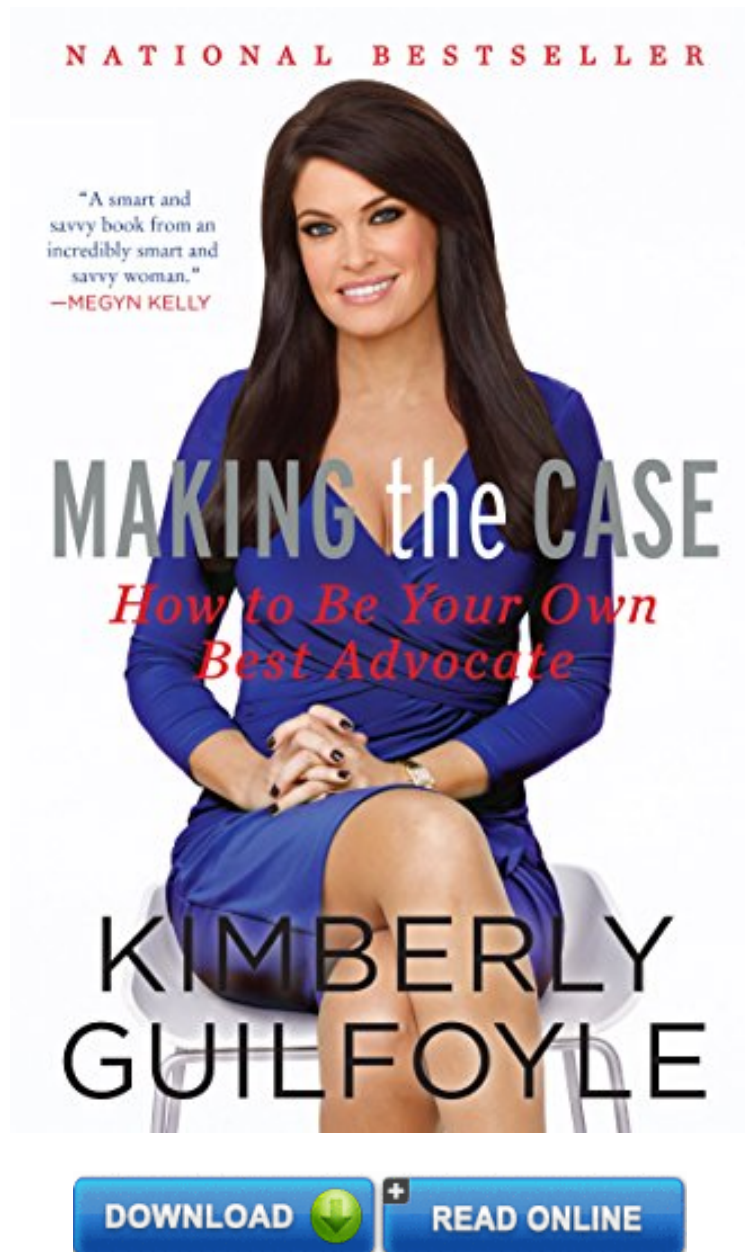


## Making the Case: How to Advocate for Yourself in Work and Life

Kimberly Guilfoyle

DOC | \*audiobook | ebooks | Download PDF | ePub



#137395 in eBooks 2015-05-26 2015-05-26 File Name: B00LSRU7V6 | File size: 21.Mb

**Kimberly Guilfoyle : Making the Case: How to Advocate for Yourself in Work and Life** before purchasing it in order to gage whether or not it would be worth my time, and all praised Making the Case: How to Advocate for Yourself in Work and Life:

164 of 176 people found the following review helpful. The Best Current Book on Advocating for Yourself By ProfessorF(This is a real review from someone that actually bought read the book--Not a Top-N Reviewer trying to play a game)So when I first announced on Twitter that I was getting Kimberly's book, one of my followers wrote: "You do know she got her internship by sending male attorneys her lingerie pics?"Thankfully I didn't listen to that

hater--This is a \*good book\*. Kimberly actually does mention her modeling days, but it's absolutely nothing like the story the haters tell. Anyway, if you've ever watched *The Five*, you know Kimberly Guilfoyle ("KG") as the girl that sits on the left with uber-high heels, and that dances to the songs during commercial breaks. But you probably also know her as a fierce passionate arguer for whatever position she's advocating. Her cogent arguments are the reason my wife and I enjoy watching *The Five*. And that's why I bought this book. I wanted to learn the secrets of arguing like KG :-)

But I was wrong -- the book is not about how to argue. It's about how to advocate for yourself, of which arguing is but a small part. Sure, "how to argue a case effectively" was covered in chapter 1, and those points (paraphrasing) were:

1. Be clear about your objective
2. Prepare a brief story about your subject that reflects character
3. Have all the facts at your finger tips
4. Consider the perspective of the other side
5. Know the moderator
6. Consult experts
7. Never ask a question you don't know the answer to

But the rest of the book was about putting those skills and many others -- along with key principles -- into everyday life practice. As KG writes: "... the greatest classroom is life itself. It holds every lesson ever to be learned."

The book is divided into two parts. The first seven chapters covers applying those advocating skills principles to getting a job and working a job. The next 9 chapters apply the advocating skills and principles to the home and to life in general. It was really refreshing to read the last 9 chapters, because you see that KG is not the perfect person portrayed on TV, but a real person who has experienced setbacks like the rest of us. These setbacks included things like two divorces (although I thought she was married five times, according to Bob Beckle :-)

and the death of her father through cancer. I lost both my parents to cancer so I found myself getting a little teary reading the sections about her dad passing away. It's not a perfect book. There are some bizarre sections like the part on having a talk with your spouse about frequency of sex. But overall a very good book.

Note for fans of *The Five*: you'll give this book a Ten especially Chapter 5, which gives a really great behind the scenes look at every personality on show. But if you're not a fan, this book is "merely" a Five :-)

Two thumbs up. b(^\_^)d

0 people found the following review helpful. A Memoir of Determination By Stella Carrier I admit that this kindlebook of *Be Your Own Advocate: How to Advocate For Yourself in Work and Life* by Kimberly Guilfoyle caught my attention as a way for me to encourage myself to look at other kindlebooks by writers even with other viewpoints different from mine politically and to make myself more multi-dimensional as a writer. I am glad that I followed my intuition on this as even if do not agree with her politically her memoir does convey a woman who is actually very open-minded. Guilfoyle actually has a very interesting background and shares how her diverse upbringing from both her father and mother in California influenced her. Guilfoyle actually had what appears to be a very fulfilled and rich life being part of politics and law in California before her current career incarnation. She is also honest on how both your personality and your physical appearance matter when you work on coming across your best to others (I confess that I am still in the process of working and determined to be frequently improving upon both). Guilfoyle mentions her experience working with coverage as it pertained to Scott Peterson, Jon Benet Ramsay, Natalee Holloway, Kobe Bryant, Michael Jackson trials, and more.

60 of 67 people found the following review helpful. I strongly recommend Kimberly Guilfoyle's new book "Making the Case: How to advocate for yourself" By D Townsend This is an excellent book, I strongly recommend it to anyone who has a recent graduate in their family. Regardless of their age, Kimberly gives the person reading it great advice how to be their own best advocate. She provides them real-world examples from her own life; she helps them prepare for the interview, to get the job they want. Being older, I was surprised to see how hard she worked, how well she planned ahead at such an early age. Her advice is filled with common sense answers to complicated social situations; she stresses, the importance of good manners, courtesy, networking. Which after reading her book, I believe she is a master at teaching someone how to make every business or personal handshake, smile, in life an opportunity to advance your career. While I never write book recommendations I liked this book so much I decided to write this one! Buy the book you will not regret it.

After an eleven-year-old Kimberly Guilfoyle lost her mother to leukemia, her dad wanted her to become as resilient and self-empowered as she could be. He wisely taught her to build a solid case for the things she wanted. Creating a strong logical argument was the best way to ensure she could always meet her needs. That childhood lesson led her to become the fearless advocate and quick-thinking spitfire she is today. In *Making the Case*, Guilfoyle interweaves stories and anecdotes from her life and career with practical advice that can help you win arguments, get what you want, help others along the way, and come out ahead in any situation. Learning how to state your case effectively is not just important for lawyers; it's something every person should know how to do, no matter what stage of life they are in. From landing her dream job right out of school, switching careers seamlessly midstream, and managing personal finances for greater growth and stability to divorcing amicably and teaching her young child to advocate for himself, Guilfoyle has been there and done it. Now she shares those stories, showing you how to organize your thoughts and plans, have meaningful discussions with the people around you, and achieve your goals in all aspects of your life. You'll also learn the tips and strategies that make the best advocates so successful, some of which come directly from courtroom scenarios where the stakes are highest. Told in her winning and humorous voice, Guilfoyle's experiences and the wisdom drawn from them are a ready guide to help you reach your potential and live a fulfilling and happy life at work and at home.

ldquo;Making the Case provides a road map for personal success from a woman who has proved that it works. Even in the toughest of times and with the toughest of cases, Kimberly has figured out how to emerge on top. Now shersquo;s sharing the secrets to that enormous success.rdquo; (Dan Abrams)ldquo;Kimberly Guilfoylersquo;s can-do spirit gets you to stop doubting and start doing. A smart and savvy book from an incredibly smart and savvy woman. Itrsquo;s one-stop shopping for life advice from someone who practices what she preaches.rdquo; (Megyn Kelly)ldquo;Full of all the certainty, insight, and strategy yoursquo;d expect from a top legal mind like Kimberly Guilfoyle, this book is also deeply moving and funny. An authentic and inspiring read for women everywhere aiming to be the best they can be.rdquo; (Greta Van Susteren)ldquo;In this very competitive time in America, it is important for ambitious people to know how to market themselves. Kimberly Guilfoyle is a successful woman who has prospered in two high-pressure professions: law and television. Her advice is well worth reading.rdquo; (Bill O'Reilly)About the AuthorKimberly Guilfoyle is a host of The Five and Outnumbered on Fox News. She also appears as a legal analyst on The O'Reilly Factor and Hannity. Before joining Fox in 2006, she was a host of Both Sides on Court TV and provided legal analysis for Anderson Cooper 360, Larry King Live, and ABC's Good Morning America. She is a former prosecutor and assistant district attorney, and served as first lady for the city of San Francisco. She was also a deputy district attorney for the Los Angeles County district attorney's office. She currently lives in New York City.