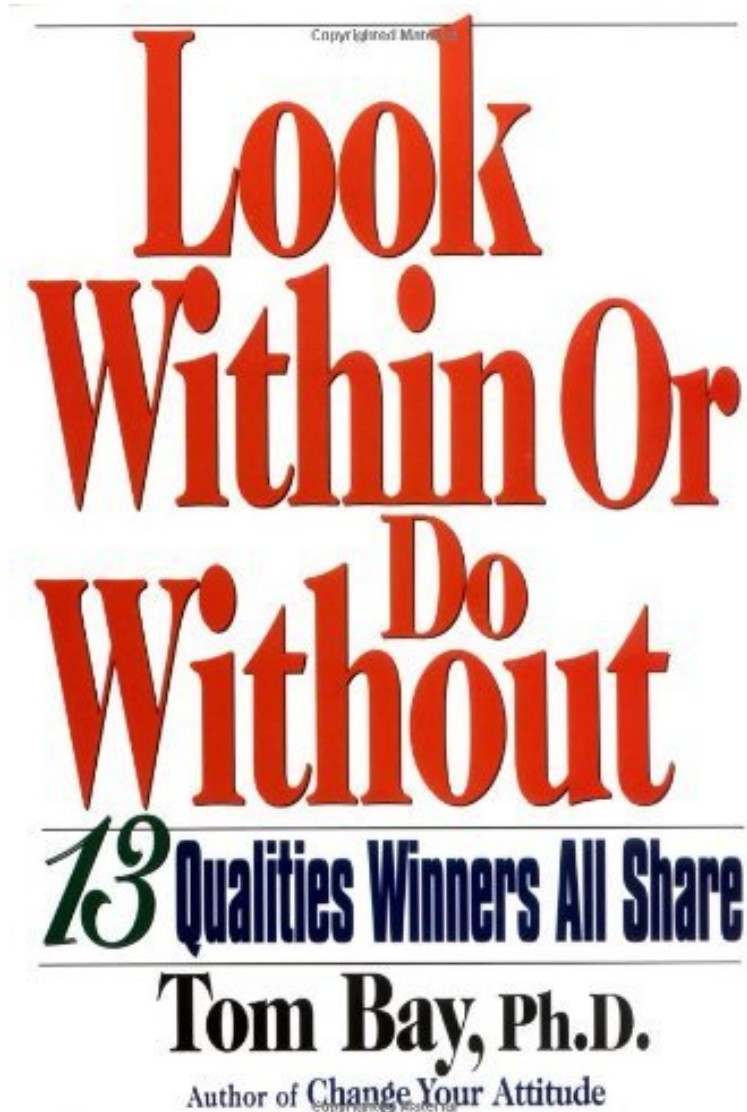


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## Look Within or Do Without: 13 Qualities Winners All Share

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Look Within or Do Without is an easy-to-read, motivational book that guides readers to discover the changes they need to make within themselves. Changes that will make them more disciplined, more focused, and more spiritual.

More able to identify their personal definition of success and make that vision a reality. It includes the stories of more than 120 people and companies who have changed themselves to become successful. To help readers look within to find the strength to make their own personal changes, Tom Bay also includes meaningful journaling activities throughout the book. Activities that help readers focus on their personal vision and what it takes to get them where they want to go.