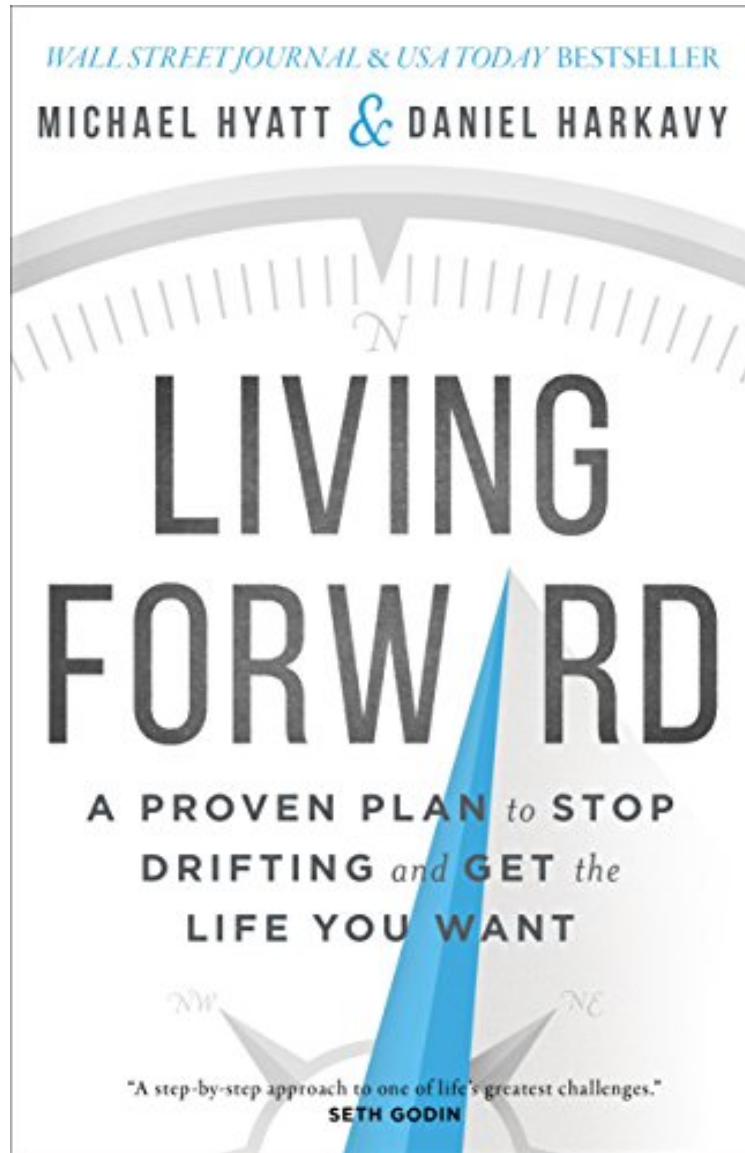


(Library ebook) Living Forward: A Proven Plan to Stop Drifting and Get the Life You Want

Living Forward: A Proven Plan to Stop Drifting and Get the Life You Want

Michael Hyatt, Daniel Harkavy
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Michael Hyatt, Daniel Harkavy : Living Forward: A Proven Plan to Stop Drifting and Get the Life You Want before purchasing it in order to gauge whether or not it would be worth my time, and all praised Living Forward: A Proven Plan to Stop Drifting and Get the Life You Want:

569 of 596 people found the following review helpful. No new content, no new inspiration. By Marie Biancuzzo I forced myself to finish reading it. I tried to like it. I really tried! Out of a profound respect for Michael Hyatt's past

work, I forced myself to finish this. I was bored and disappointed, right to the very last page. The basic message of the book is, write your goals, get your priorities straight, schedule time for what's important and be consistent in saying no to stuff that isn't important. It seemed to me that the book was an attempt to condense or replicate co-author David Harkavy's workshops on life planning. The book starts out with a call to write your own eulogy, with an emphasis on identifying how you want to be remembered. If having a good eulogy--or any eulogy--is important to you, this might be a helpful exercise, but otherwise, it's a big clue about how little the book offers to the rest of us. Each author tells several stories about his ups and downs in life. I can recall only one of those stories, so they didn't resonate with me. At the end of the book is a huge pitch for Harkavy's workshop. I honestly believe this workshop could be effective in person, but as a DIY activity rolled into book, it didn't speak to me at all. I bought an overpriced, too-lengthy audio series by Tony Robbins a few years ago, and every day I'm still struggling to implement all that Tony suggests, but he was very inspiring and gave some nitty-gritty advice on how to stop drifting. I couldn't find either in the Hyatt/Harkavy book. I've finally learned to be skeptical of the 5-star reviews for books written by popular bloggers. The first flood of 5-star reviews always seem to come from the blogger's tribe. Their tribe can't get enough of what they have to say. (Which is why I bought this book, because I'm a Hyatt fan!) But that doesn't mean other readers will resonate with the book's message. The 5-star review used to represent the general readership, but now, it's just a reflection of the author's tribe supporting him. 179 of 184 people found the following review helpful. SMART goals, and write your own eulogy--that's it. By Jason Wisdom. Despite the fact this book lists 53 endorsements from names as famous as Tony Robbins, Seth Godin, and Pat Flynn, there is very little here that hasn't already been published dozens of times. Living Forward reads like a series of Chicken Soup for the Soul, feel-good short stories, all supporting two ideas: 1, write your own eulogy describing how people will remember you, and 2, take a day to create SMART goals that will make this eulogy possible. (SMART = Specific, Measurable, Achievable, Realistic, and Time-bound) This book seems to speak about high-achievers who achieved massive success early in life, and the benefit they later found by discovering life balance. The concepts are so simple, I find it difficult to believe any high-achiever has not already been exposed to them. There are a few sections on "drifting" and how this is an undesirable state. But even escaping this drifting, the purpose for which this book was supposedly written, is referenced as, "Perhaps you are caught up in your career and find it more interesting than spending time with your family." Or similar statements about health, vacation time, and friendships. Then, SMART goals, based on your eulogy of your wife remembering how much you loved her, should be enough to spur you into taking more enlightened action. It would have been nice to include direction for, say, people who have been "drifting" from job to job, unable to really find their niche. Or for those who work hard, have not yet had their breakthrough moment, and wish to know what they should not be doing that they aren't aware of. Unfortunately, this book only speaks to people who have already achieved huge career success, have omniscient vision and complete mastery of themselves, and are ready for the life-changing realization that work is not everything. These concepts come complete with stories, diagrams, and the skeleton of a process: schedule the hours of your week, project manage your SMART goals every quarter, and mark your current status in all areas of life on a four quadrant grid. Don't forget to take action! If you are a corporate leader, consider buying Living Forward books for your team, and putting on a Living Forward workshop for your company. Yes, the book does suggest doing these things. Personally, I was hoping for insight around overcoming unforeseen and recurring obstacles, how to get early warning GPS-like feedback when a short-term course of action really is not supporting long-term objectives after all, and being able to recognize and develop relationships with the kinds of people who can help a person realize their dreams. You know, stuff that those who desire to be self-made actually have to deal with. I am giving Living Forward two stars out of respect for the authors' own stories, and because the book covers all the check marks for a commercially published book. There are conversation-piece lists of three. "How they say it" is good. "What they are saying" is as empty of nutrition as styrofoam. On the whole, Living Forward is a great example of why self-help has a reputation for repackaging fluff. There is little depth, and there are no original ideas. SMART goals are taught to office workers at virtually every company in existence. Taking an evening to write down life goals is described in virtually any autobiography. These two concepts, are all this book has to offer? Seriously? The lemmings-like wave of 5 star reviews appear to be from legions of followers, unwilling to point out the emperor has no clothes. 190 of 206 people found the following review helpful. Design your own "Regret Free" life. By Kary Oberbrunner. Living Forward starts out by addressing THE DRIFT. The DRIFT is the tendency to arrive at destinations you don't consciously choose. The DRIFT is facing life in a reactive way and happens when you're: 1.) Unaware 2.) Distracted 3.) Overwhelmed 4.) Deceived. No one wakes up and says, "Today I want to DRIFT." However, if you're not living a life according to design, then you're living a life according to DRIFT. So how do you change direction and snap out of the DRIFT? Michael Hyatt and Daniel Harkavy reveal that the average person spends 5 hours researching and shopping for a new car. The average bride-to-be spends 40 days planning a three-hour wedding. However, the average person never spends 1 day planning his or her life. Why? The reality is most of us don't know how to plan our lives. Besides, it sounds daunting and out of reach. Thankfully, Hyatt and Harkavy close the distance by demonstrating how to do a life plan. Even better, they provide examples of real Life Plans from real

clients. These individuals come from a variety of backgrounds and life stages so readers of all kinds can relate. The book is broken into 3 main parts: Understand Your Need, Create Your Plan, and Make it Happen. It literally walks you through the Life Plan process in a step-by-step fashion. The Life Plan is facing life in a proactive way. As you read this book you'll answer 3 powerful questions: 1. How do I want to be remembered? This is your legacy. 2. What matters most to me? These are your priorities. 3. How do I get from where I am to where I want to be? This is your action plan. Design your own "Regret Free" life by crafting your Life Plan. The Life Plan creates clarity. It acts as a GPS. The Life Plan creates courage. It acts as a filter. The Life Plan creates commitment. It acts as a motivator. Page 154 says it all, "This may sound grandiose, but we are out to change the world." In *Living Forward* authors Hyatt and Harkavy do just that. They change the world one person at a time by challenging readers to create greatness one life plan at a time. *Living Forward* is a fantastic tool to design the life you want and then clarify the steps you need to take to get there.

Each of us has but one life to live on this earth. What we do with it is our choice. Are we drifting through it as spectators, reacting to our circumstances when necessary and wondering just how we got to this point anyway? Or are we directing it, maximizing the joy and potential of every day, living with a purpose or mission in mind? Too many of us are doing the former--and our lives are slipping away one day at a time. But what if we treated life like the gift that it is? What if we lived each day as though it were part of a bigger picture, a plan? That's what *New York Times* bestselling author Michael Hyatt and executive coach Daniel Harkavy show us how to do: to design a life with the end in mind, determining in advance the outcomes we desire and path to get there. In this step-by-step guide, they share proven principles that help readers create a simple but effective life plan so that they can get from where they are now to where they really want to be--in every area of life.

From the Inside Flap If you're like most people, you want to lead a life of meaning and significance, joy and satisfaction. But then drama and demands weigh in; seem to get in the way, don't they? We're unsure about how to take our lives from where we are now to where we want to be in the next five, ten, or even fifty years. We know we were meant for more, but it seems like the days are slipping by and we can't do anything about it. It shouldn't be like this. And it doesn't have to be. *New York Times* bestselling author Michael Hyatt and executive coach Daniel Harkavy have both lived the very same story but they rewrote the ending. And their new book *Living Forward* will help you do the same thing. In this step-by-step guide, Hyatt and Harkavy share simple but proven principles to help you stop drifting, design a Life Plan with the end in mind, and chart a path that will take you there. And you can work the process in just one day. Imagine trading just twenty-four hours for the life you really want. It's possible, and *Living Forward* shows you how. [Michael Hyatt is the former chairman and CEO of Thomas Nelson Publishers, now part of HarperCollins. He is a *New York Times*, *Wall Street Journal*, and *USA Today* bestselling author who has lived by the plan in *Living Forward*. Michael's blog is ranked by Google in the top one-half percent of all blogs, with 500,000 unique visitors a month and readers in more than two hundred countries. Michael has been married to his wife, Gail, for thirty-seven years. They have five daughters, four sons-in-law, and eight grandchildren. They live just outside of Nashville, Tennessee. Learn more at MichaelHyatt.com. Daniel Harkavy has been coaching business leaders to peak levels of success, performance, profitability, and fulfillment for more than twenty-five years. In 1996, he harnessed his passion for coaching teams and leaders and founded *Building Champions*, where he serves as CEO and executive coach. Over the past two decades, he and his team of coaches have worked with thousands of clients and organizations implementing the plan in *Living Forward*. He lives just outside Portland, Oregon, with his wife and actively serves his community as a member of nonprofit boards and a mentor to those seeking leadership advice. He is the proud father of four children and an avid surfer. Learn more at BuildingChampions.com.]

Advance Praise for *Living Forward* "The people who have achieved greatness are not just lucky. They created and executed a plan. . . . *Living Forward*, Michael Hyatt and Daniel Harkavy show you how to develop and utilize a clear and compelling Life Plan to create the life you want."--Tony Robbins, *New York Times* bestselling author; CEO, Anthony Robbins Companies "Here is an extremely practical and undeniably necessary guide for any adult who has drifted from how they thought life should be lived. I have benefited from this approach in my own life, but I need to be reminded again and again and again."--Patrick Lencioni, president, The Table Group; author, *The Five Dysfunctions of a Team* and *The Advantage* "A must-read full of reminders and revelation that will open up your mind and organize your time."--Dave Ramsey, *New York Times* bestselling author, *The Total Money Makeover* "In this one-of-a-kind book, Michael Hyatt and Daniel Harkavy explain exactly how to create a Life Plan. It will equip you to live your life on purpose, achieving what matters most in every aspect of your life."--John C. Maxwell, *New York Times* bestselling author; founder, The John Maxwell Company "*Living Forward* is a brilliant and motivating resource that will equip you to stop sleepwalking through life and intentionally pursue the plan God has for you."--Lysa TerKeurst, *New York Times* bestselling author, *The Best Yes* "An intelligent and articulate manual. . . . Applying even a portion of its simple and practical recommendations will improve anyone's condition in

life."--David Allen, New York Times bestselling author, Getting Things Done About the Author Michael Hyatt is the former chairman and CEO of Thomas Nelson Publishers, now part of HarperCollins. He is New York Times, Wall Street Journal, and USA Today bestselling author who has lived by the plan Living Forward. Michael's blog is ranked by Google in the top one-half percent of all blogs, with 500,000 unique visitors a month and readers in more than two hundred countries. Michael has been married to his wife, Gail, for thirty-seven years. They have five daughters, four sons-in-law, and eight grandchildren. They live just outside of Nashville, Tennessee. Learn more at MichaelHyatt.com. Daniel Harkavy has been coaching business leaders to peak levels of success, performance, profitability, and fulfillment for more than twenty-five years. In 1996, he harnessed his passion for coaching teams and leaders and founded Building Champions, where he serves as CEO and executive coach. Over the past two decades, he and his team of coaches have worked with thousands of clients and organizations implementing the plan Living Forward. He lives just outside Portland, Oregon, with his wife and actively serves his community as a member of nonprofit boards and a mentor to those seeking leadership advice. He is the proud father of four children and an avid surfer. Learn more at BuildingChampions.com.