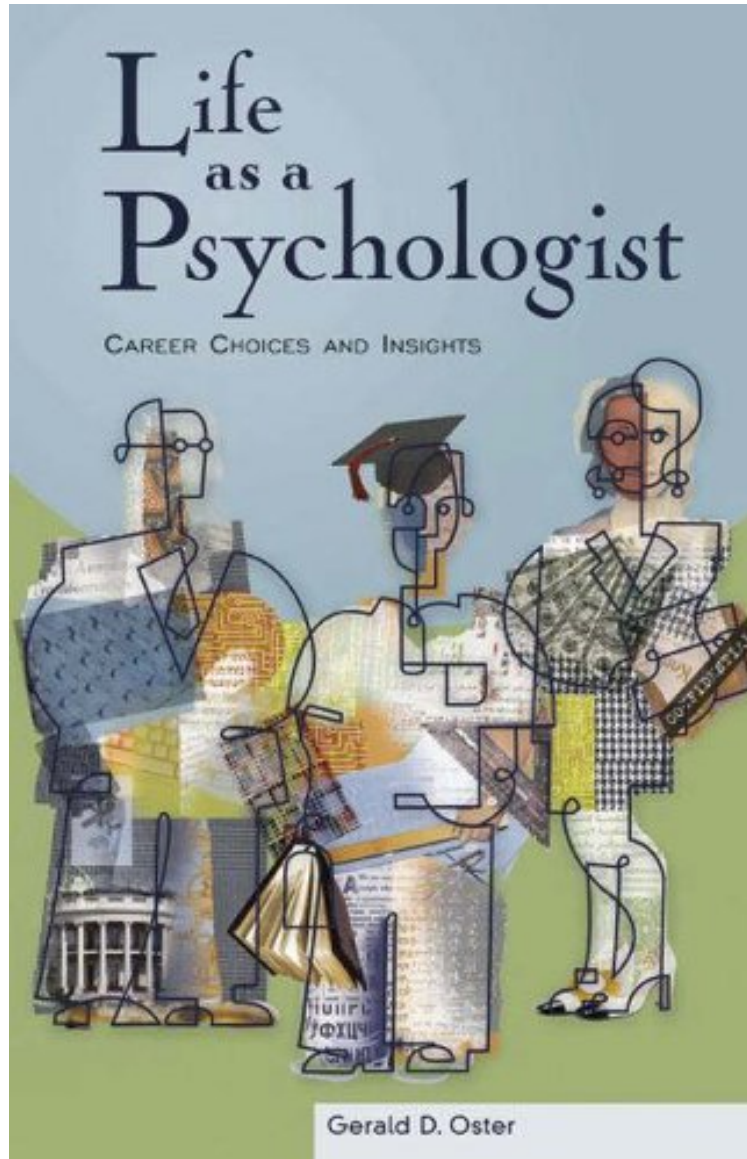


(Ebook pdf) Life as a Psychologist: Career Choices and Insights

## Life as a Psychologist: Career Choices and Insights

*Gerald D. Oster*

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**Gerald D. Oster : Life as a Psychologist: Career Choices and Insights** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Life as a Psychologist: Career Choices and Insights:

1 of 1 people found the following review helpful. Buy it for psychology majors  
By Alexander P. Coe  
I bought it for my girlfriend who is beginning the long journey of graduate work in Psychology. She thinks she knows exactly what she wants to do but I want her to consider her options. She hasn't read the book but I thumbed through it and saw it's filled with interesting perspectives and advice that would be helpful for an aspiring psychologist.

Dozens of outstanding practitioners and scholars explain how quickly the career opportunities for graduates with psychology degrees are growing. Oster contacted dozens of working psychologists and asked them what advice they would offer today's aspiring psychologists. Their responses provide a glimpse into a changing and ever-expanding field. The book includes advice on making the right choice from among psychology careers in fields old and new, the ins and outs of graduate school, and the lessons seasoned professionals learned in their quests for meaningful careers. Web sites for more information on specialties are listed, as are suggested additional readings. This insightful work will interest high school students and college undergraduates, career-changers and psychologists seeking new directions, as well as guidance counselors and parents. Psychology is one of the most popular majors in college today, with the number of students enrolled in the discipline having surged some 200% in the last 10 years. In this book, dozens of outstanding practitioners and scholars explain how quickly the career opportunities for graduates with psychology degrees are growing; in talk therapy and clinical research, but also at agencies ranging from the CIA and Homeland Security to the Library of Congress and the Securities and Exchange Commission. In preparing his book, Oster contacted dozens of working psychologists and asked them what advice they would offer today's aspiring psychologists. Their responses provide a glimpse into a changing and ever-expanding field. Dozens of contributors recall their thoughts and actions as they plotted careers; or landed jobs by surprise. From one psychologist who put her research aside to become president of a university, to another who ended his work with children to become an author of psychological mystery books, the dozens of practitioners interviewed share the sometimes-humorous, often-difficult experiences and decisions they faced as they completed their college years and built successful careers. The book includes advice on making the right choice from among psychology careers in fields old and new, the ins and outs of graduate school, and the lessons seasoned professionals learned in their quests for meaningful careers. Web sites for more information on specialties are listed, as are suggested additional readings. The book also includes sections on making the most of undergraduate years, and on balancing the demands of career and family.

"Oster offers a book that came about when he began to transition his career from state institutions to private practice. Seeking motivation, he solicited stories from his colleagues on how their careers in psychology evolved. Oster uses these inspirational accounts liberally throughout this brief book as examples to demonstrate some of the possibilities of psychology as a profession. The best chapter contains long essays by Ernest Lenz, Stephen Hinshaw, and David Myers, covering lessons from their careers. Annotated lists of suggested readings and professional society Web sites should also prove valuable. Psychology continues to be an extremely popular major for undergraduates. The stories and advice in this book should motivate students to think bigger about what they can do after graduation. This volume is an appropriate addition to career guidance collections. Recommended. Lower-/upper-level undergraduates." - Choice

"The book has been prepared with care. It includes an annotated list of relevant Web sites, biographies of all of the psychologists who have contributed to the volume, and a list of suggested readings. The index is helpful as well; The stories contained in this book will educate and inspire students as they contemplate how to create their own stories." - PsycCRITIQUES

"[O]utstanding practitioners and scholars explain how quickly career opportunities are growing. Working psychologists share the sometimes humorous, often difficult experiences and decisions they faced as they completed their college years and built successful careers. This title includes advice on choosing the right career in old and new fields, the ins and outs of graduate school, and the lessons seasoned professionals learned in their quests for meaningful careers. Web sites for additional information on specialties are listed, along with suggested additional readings. Also included are sections on making the most of undergraduate years and on balancing the demands of career and family." - Library Media Connection Online

"Dozens of working psychologists offer their advice for those who aspire to a career in this ever-expanding field. These seasoned professionals describe the diverse career paths they followed, share lessons learned along the way, and recall some of the mentors who had major impacts on their lives. The volume also features a special section on making the most of graduate school and interviewing for that first job." - Reference Research Book News

"This work is highly recommended for all who have an interest in the complex and at times mystifying field of psychology, and should be required reading for all students who are considering graduate work in the field. I wish such a resource would have been available when I was in graduate school!" (Michael Priddy, Ph.D., Private Practice, San Francisco)

About the Author Gerald D. Oster is a psychologist in private practice in Maryland, where he specializes in individual and family therapy. A past Clinical Associate Professor of Psychiatry at the University of Maryland Medical School, he provides consultations and assessments for Montgomery General Hospital and the Expressive Therapy Center. In more than 20 years of practice, he has worked in state hospitals, outpatient clinics and residential treatment centers. His previous books include *Using Drawings in Assessment and Therapy*, *Difficult Moments in Child Therapy* and *Helping Your Depressed Teenager: A Guide for Parents and Caregivers*.