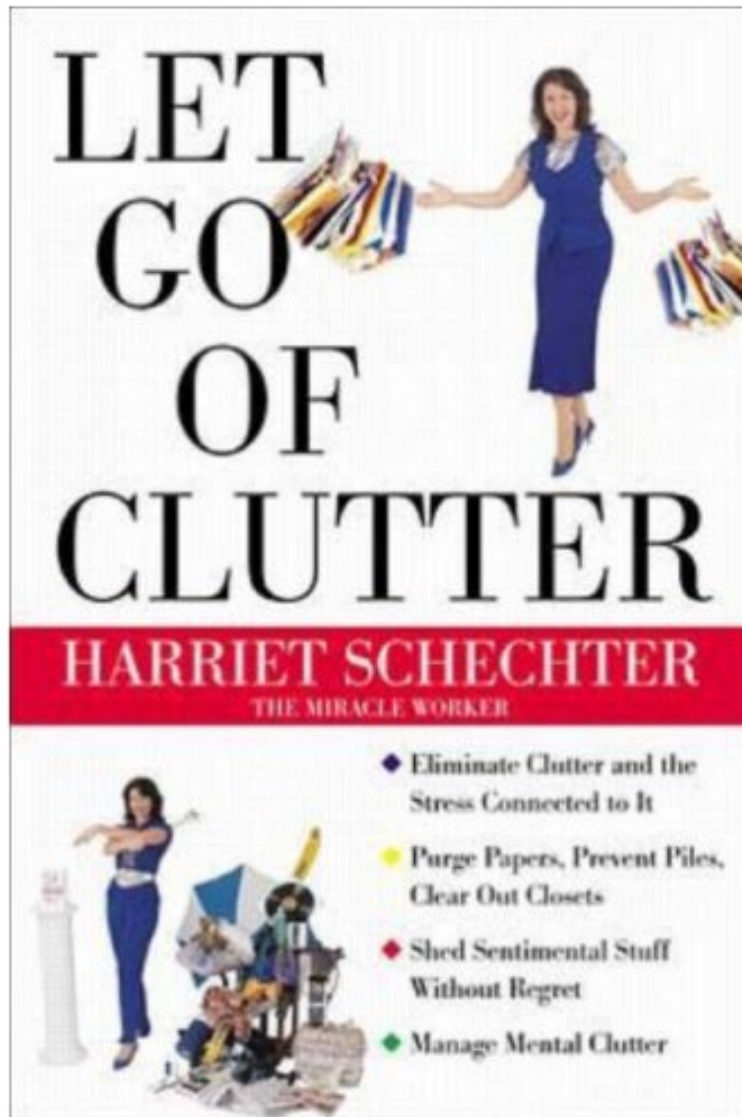


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## Let Go of Clutter

*Harriet Schechter*

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**Harriet Schechter : Let Go of Clutter** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Let Go of Clutter:

3 of 3 people found the following review helpful. Changed my Life! By Dan Proctor I feel so much wiser and more effective after reading this book. I can now throw things out without the guilt, because I know why or why I don't keep something. I learned about organization and it's one of my favorite books of all time. It should be in the 'Self Help' 'Motivational' reading section of every bookstore. 50 of 51 people found the following review helpful. full of solid, practical tips By Carol C. This is a workbook, complete with checklists, that will help you assess and conquer your clutter problems. I've read many books on this subject; this is one of the better ones. I found her sections on "purging papers"

to be particularly useful -- as papers are often an overwhelming problem area. Schechter also discusses the value of being choosy, and give tips on how to maintain a clutter-controlled environment once you've established it. I found this to be a useful tool book, with solid, practical tips. For motivation to get started decluttering, for inspiration and funny (as in "yikes, that sounds like me") stories about people with serious clutter issues, read Don Aslett's "Packrat" and "Clutter" books -- they're very entertaining you'll want to stop every chapter or so to clean out a drawer or closet. Follow up Aslett with this book, which has more practical tips 1 of 1 people found the following review helpful. Superb. Turned my life upside down for the better! By Yukio I found this book amazingly helpful and another person who saw me read this, it never dawned on her that she might actually be rid of stuff in her life. It gave me the framework to turn out all the useless and foolish stuff in my life and give it away or loan it or dump a bunch of books on libraries, which can use all the help they can get. If you find yourself overrun with stuff and shopping is a nightmare, consider reading this book to get a prescriptive on what truly matters. You will be glad you did and so will your closets and yes, pocketbook as well.

Almost everyone struggles with clutter. Overflowing desks at work; overstuffed closets and piles of mail at home; overwhelmed minds all the time. No wonder so many people say they are "drowning in clutter." In *Let Go of Clutter*, organizing expert Harriet Schechter presents a fresh approach to overcoming the natural urge to accumulate objects and information. Dispensing equal doses of help, hope, and humor, she provides effective and realistic options for anyone who juggles too much stuff, too many decisions, and too little time. Featuring the innovative insights and time-tested techniques that have already helped thousands of Schechter's clients and seminar attendees worldwide, *Let Go of Clutter*: - Shows how to shed sentimental stuff without fear of regret - Provides easy-to-use forms and checklists that help readers decide what to jettison and what to keep - Includes action plans with systems for conquering all types of clutter: past, present and future

A must-read for clutter victims. Schechter makes a complex subject manageable and fun. Her fireside chat writing style will make you laugh and get you motivated to put the kibosh on clutter. Case in point: Reading *Let Go of Clutter* propelled me toward several nasty mountains of filing that had been crying for my attention. (Kansas City Star) From the Back Cover Stop being a slave to stuff! An internationally acclaimed expert provides a total program for conquering ALL the clutter in your life Maximize your life by minimizing what's in it with "Miracle Worker" Harriet Schechter's tried-and-tested techniques for eliminating clutter. *Let Go of Clutter* answers the most frequently asked question, "Why do we keep all this stuff?" and shows you how to let go of clutter; not just reorganize it. Based on Schechter's two decades of helping thousands of people worldwide get uncluttered, *Let Go of Clutter* explains why "stuff" seems so hard to let go of and demonstrates how to shed objects and information without anxiety or regret. This fresh approach to clearing our cluttered lives provides a painless process for letting go and shows you how to overcome future clutter by managing the innate urge to acquire and accumulate. Discover new ways to: Quickly plow through piles of paper "Speed Weed" your files Manage mementos and memories Clear out wall-to-wall clutter in the garage and other areas Get rid of excess clothes, supplies, and "To Do's" And much more! Dispensing equal doses of help, hope, and humor, Harriet Schechter provides effective and realistic options for anyone juggling too much stuff, too many decisions, and too little time. Featuring easy-to-use forms and checklists to help you decide what to jettison and what to keep, *Let Go of Clutter* also includes action plans to lighten your load by conquering all types of clutter; past, present, and future. About the Author Harriet Schechter, a.k.a. "The Miracle Worker," is an internationally acclaimed pioneer in the professional organizing industry. She founded her San Diego-based company, The Miracle Worker Organizing Service, in 1986, and has taught the Learning Annex's popular "Letting Go of Clutter" workshop regularly since 1988.