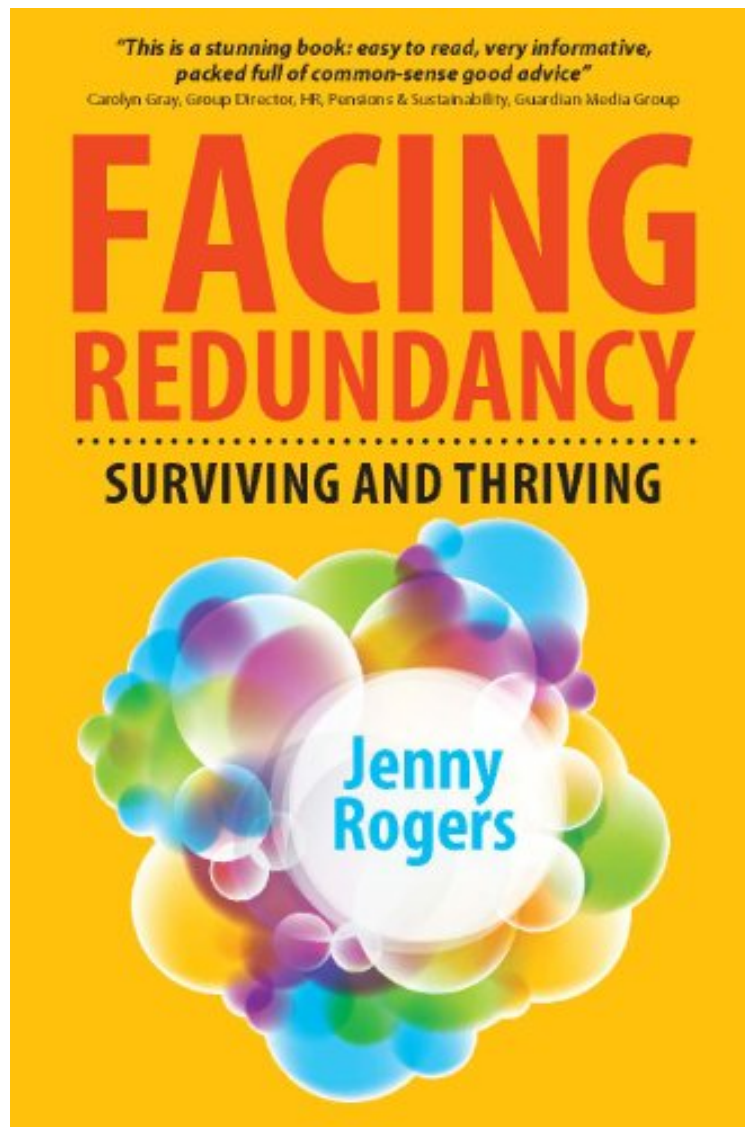


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Losing your job is one of the hardest challenges and this book will help to make the transition as short and easy as possible.

About the Author Jenny Rogers is one of the UK's most experienced coaches. She has successfully coached many hundreds of people through career crises, trains other coaches, has published widely on career themes and has been a frequent contributor to BBC Radio.