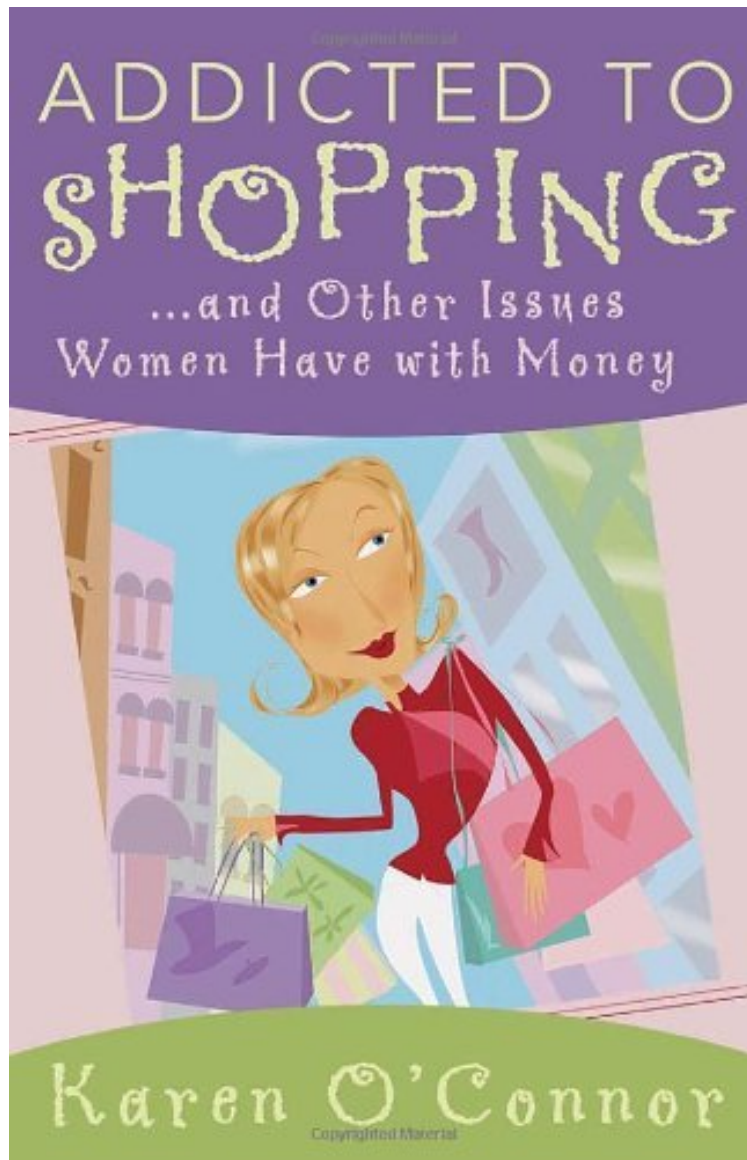


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## Addicted to Shopping and Other Issues Women Have with Money

*Karen O'Connor*

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**Karen O'Connor : Addicted to Shopping and Other Issues Women Have with Money** before purchasing it in order to gage whether or not it would be worth my time, and all praised Addicted to Shopping and Other Issues Women Have with Money:

0 of 0 people found the following review helpful. Awesome, must read!By YasminVery interesting and definitely something to ponder deeply. I recommend for anybody, not just women, because it addresses issues that our entire society faces and it helps to better understand the root cause and connect the dots about our own ideals about money that were taught at an early age. This book helps you understand that your perception towards money impacts your

entire life, both physical and emotional, not just your financial situation itself. 0 of 0 people found the following review helpful. Four Stars By Elisabeth Good. 14 of 14 people found the following review helpful. Helpful By CustomerShopaholizm is a real problem worldwide. I love shopping and now after reading this book, I am more aware of the traps of addiction in which I can fall. I was interested to learn what motivates people to shop sometimes even unnecessary items. The book also contains information of clubs and specialized centers that can help us to overcome this obsession.

Born to shop. A woman's place is in the mall. We laugh at the stereotype of woman shoppers, but the reality is that millions of women struggle with handling money. With compassion and understanding, Karen O'Connor helps women evaluate their spending habits through questions that include: Does spending money make you feel better? Do you shop when you're under stress? Do you dread having your money-handling habits exposed? From excessive shopping to penny-pinching, from splurging to refusing to buy necessities, Karen explores the reasons behind the misuse of money. Then, drawing on her experiences and biblical insights, she reveals practical strategies readers can use to develop a healthy view of money and regain control of their spending.

About the Author Karen O'Connor is a sought-after speaker, a writing consultant, and the award-winning author of more than 75 books, including *Gettin' Old Ain't for Wimps* (more than 300,000 copies sold). She's appeared on national media, including *The 700 Club* and *100 Huntley Street*.