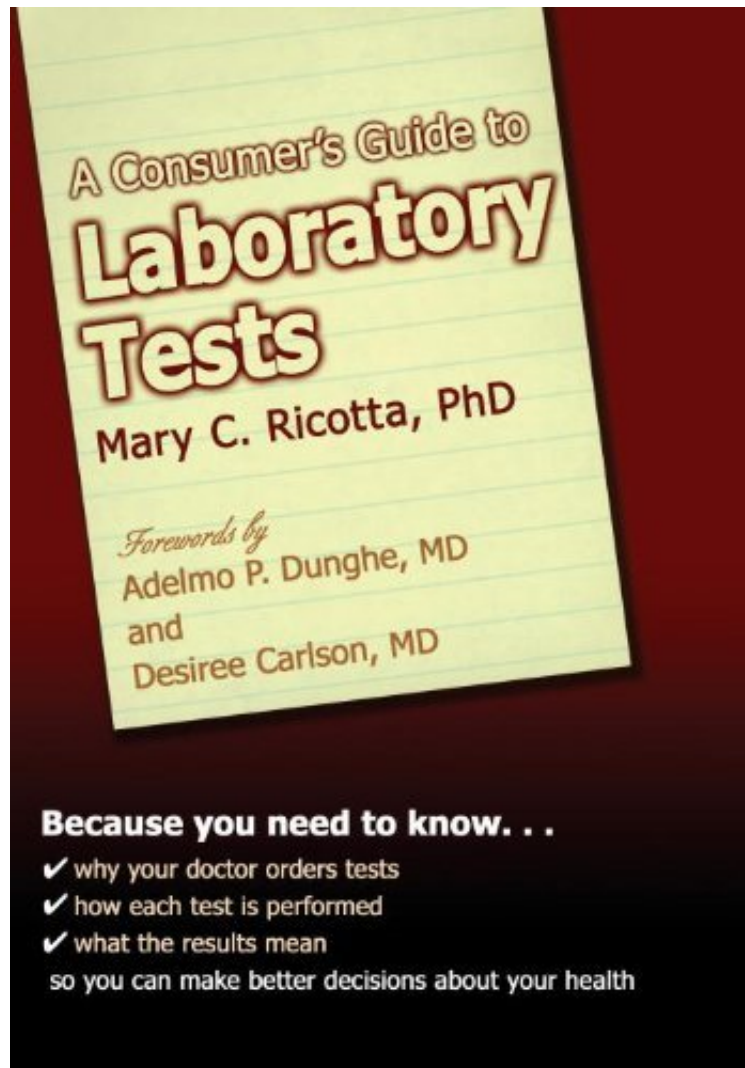


## A Consumer's Guide To Laboratory Tests

Mary C Ricotta

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**Mary C Ricotta : A Consumer's Guide To Laboratory Tests** before purchasing it in order to gage whether or not it would be worth my time, and all praised A Consumer's Guide To Laboratory Tests:

0 of 0 people found the following review helpful. Not very helpful. By Sim Very brief info for people who are searching for some specific tests...I rather return it than to keep it for myself. 1 of 1 people found the following review helpful. Do you or a love one have labs tests? By White Lily If you or a loved one will have laboratory tests, this is a must read. When a doctor orders a test the report goes back to the doctor and he summarizes the results. Wouldn't you want to know before you have the test why your doctor is ordering the test, what to expect, what is normal? Then this is a must read. It is written in very easy to understand language that you can actually understand your own lab reports. Today, people need to be actively involved in their health care. This is the first big step. 0 of 0 people found the

following review helpful. Guide to Laboratory Tests. By broncobillyI wasn't impressed at all. This book needs to be updated. No I would not recommend it to anyone who wants to educate themselves about the most current laboratory tests.

When a physician recommends that you undergo a clinical test, most people wonder why they need the test and what the results may say about their health. This informative, accessible, layperson's guide to laboratory tests helps you to understand the many kinds of tests that are performed, exactly what is being tested, and, most importantly, what the results mean. Experienced clinical laboratory scientist Mary C. Ricotta, Ph.D., explains the importance of lab tests in the overall evaluation of health and clarifies the often-confusing medical jargon. Organizing the guide according to various body systems for ease of reference, she discusses: hematology (blood diseases) and coagulation (blood-clotting) blood-bank testing and blood compatibility testing clinical chemistry (glucose, urea, calcium, enzymes, lipids, proteins, electrolytes, and other analytes) microbiology (fungi, parasites, bacteria, and viruses) immunology urinalysis histology (body tissues) cytology and Pap smears molecular biotechnology (DNA testing) Also included are useful appendices that define the body systems and the array of disorders and diseases that can be detected through laboratory tests. A glossary of medical terminology provides useful explanations of unfamiliar terms. This excellent, easy-to-use reference book will help you stay informed about your health and enable you to communicate more effectively with your physician.

About the Author Mary C. Ricotta, Ph.D. (Amherst, NY), has worked as a clinical laboratory scientist for Millard Fillmore Hospital in Buffalo, NY; a clinical instructor of histology and hematology in the Department of Medical Technology at SUNY at Buffalo; an associate professor and program director of medical technology for Daemen College; and a clinical laboratory consultant.